

List of wildflowers to be expected along the trail.

	Name	aka
	Trailing Arbutus	Mayflower
	Wintergreen	Teaberry
	Pyrola	Shinleaf
	Wild Lily of the Valley	
	Bunchberry	
	Wild Strawberry	
	Dogbane	
	Jewelweed	Spotted Touch Me Not
	Wild Cucumber	
	Wild Rose	
	Toadflax	Butter and Eggs
	Wild Lettuce	
	Blackberry	(several species)
	Raspberry	
	Knapweed	
	Evening Primrose	
	Common Mullein	
	Bittersweet Nightshade	
	Lamb's Quarters	Pigweed
	Tansy	
	Sweetfern	
	Queen Anne's Lace	
	Bush Honeysuckle	
	Helleborine	
	Pink Lady's Slipper	Moccasin Flower
	Bladder Campion	
	Aster	(several species)
	Silverrod	
	Goldenrod	(several species)
	Fern	(several species)

Bog and wet areas beside trail

	Sphagnum Mosses	
	Leatherleaf	
	Sweet Gale	
	Bayberry	
	Cotton Grass	
	Marsh St. Johnswort	
	Duckweed	
	Cattail	
	Grasses	(many species)
	Sedges	(many species)

Prepared by Bernard Forsythe, Blomidon Naturalists Society.